

The Dillingham Quarter Mile Trophy [400m, all qualifying athletes]

(In memory of Richard Dillingham MBE)

2002 – Alex Cooke [SW] 57.0 (LBAC)	2003 – Kyle Andrew [U17M] 52.8 (LUAC)
2004 – Kyle Andrew 52.2 (LUAC)	2005 – Kyle Andrew 51.3 (LUAC)
2006 – Tennyson James 56.0 (BCAC)	2007 – Nigel Levine 47.6 (BCAC)
2008 – Tom Warboys 52.7 (BCAC)	2009 – Lucy James 56.6 (BCAC)
2010 – Lucy James 57.9 (BCAC)	2011 – Dereece O’Callaghan 53.0 (LAC)
2012 – Dereece O’Callaghan 51.1 (LAC)	2013 – Alison Slatcher 64.4 (BCAC)
2014 – Dereece O’Callaghan 49.6 (LAC)	2015 – Joseph Hibbock 52.6 (LAC)
2016 – Peter Benedickter 55.7 (BCAC)	2017 – Peter Benedickter 56.9 (BCAC)
2018 – Morgan Webster 51.3 (BiggAC)	2019 – Hannah Foster 57.02 (SBAC)
2020 – No competition [COVID-19]	2021 – Hannah Foster 56.30 (SBH)
2022 – Hannah Foster 55.1 (SBH)	2023 – Sam Hazel [SM] 50.02 (SBH)