

Beds AAA Track & Field Championship Records - 2025 (as at 2025-05-16) - WOMEN

EVENT		RECORD	NAME	CLUB	DATE	VENUE
100m						
U13 Girls		13.12	Tia Blackman	Bedford & County AC	17 May 2015	Bedford
U15 Girls		12.5	Glenys Quailey	Bedford & County AC	17 May 1980	Luton
U17 Women		12.2	Caroline Donald	Luton United AC	15 May 1982	Luton
U20 Women		12.39	Eavion Richardson	Shaftsbury Barnet Harriers	17 May 2015	Bedford
Snr. Women		12.0	Felicia Louisy	Luton United AC	14 May 2000	Luton
200m						
U13 Girls		26.5	Hepzibah Ogunro	Luton AC	11 My 2008	Bedford
U15 Girls		25.37	Sabrina Bakare	Luton AC	9 May 2010	Bedford
U17 Women		24.7	Hannah Foster	Shaftsbury Barnet Harriers	13 May 2018	Bedford
U20 Women		25.1	Lucy Carter	Bedford & County AC	14 May 1995	Bedford
Snr. Women		24.57	Hannah Foster	Shaftsbury Barnet Harriers	15 May 2022	Bedford
300m		<i>* New Event May 2014</i>				
U15 Girl *		42.90	Thaila-Jade Mason	Leighton Buzzard AC	15 May 2022	Bedford
U17 Women		38.9	Hannah Foster	Shaftsbury Barnet Harriers	13 May 2018	Bedford
400m						
U17 Women	Equal	59.3	Jackie Woods	Bedford & County AC	15 May 1982	Luton
	Equal	59.3	F.Ewart	Leighton Buzzard AC	19 May 1984	Luton
U20 Women		56.30	Hannah Foster	Shaftsbury Barnet Harriers	31 July 2021	Watford
Snr. Women		56.21	Sabrina Bakare	Shaftsbury Barnet Harriers	15 May 2016	Luton
800m						
U13 Girls		02:25.3	Leah Jay	Luton AC	14 May 2017	Bedford
U15 Girls		02:15.6	Katrina Wootton	Bedford & County AC	14 May 2000	Luton
U17 Women		02:13.0	Sophie Billington	Luton United AC	13 May 2012	Bedford
U20 Women		02:11.2	Paula Radcliffe	Bedford & County AC	19 May 1991	Luton
Snr. Women		02:11.04	Revee Walcott Nolan	Luton AC	17 May 2015	Bedford
1500m						
U13 Girls		04:58.0	Hannah Goodwin	Bedford & County AC	16 May 2004	Luton
U15 Girls		04:40.8	Katrina Wootton	Bedford & County AC	14 May 2000	Luton
U17 Women		04:31.2	Katrina Wootton	Bedford & County AC	13 May 2001	Bedford
U20 Women		04:19.6	Paula Radcliffe	Bedford & County AC	17 May 1992	Bedford
Snr. Women		04:25.3	Paula Radcliffe	Bedford & County AC	16 May 1993	Luton
3000m						
U17 Women		10:04.3	Paula Radcliffe	Bedford & County AC	20 May 1990	Bedford
U20 Women		10:17.2	Christine Anley	Luton United AC	14 May 1994	Bedford
Snr. Women		09:55.2	Liz Talbot	Bedford & County AC	13 May 1995	Bedford
5000m						
U20 Woman		18:21.55	Amy Killick	Leighton Buzzard AC	15 May 2022	Bedford
Snr. Women		18:32.89	Christine Lathwell (V40)	Stopsley Striders	14 May 2017	Bedford
70m HURDLES						
U13 Girls		11.89	Ruby Green	Bedford & County AC	14 May 2017	Bedford
75m HURDLES						
U15 Girls		12.3	Denise Corby	Bedford & County AC	19 May 1984	Luton
80m HURDLES						
U17 Women		11.87	Thaila-Jade Mason	Bedford & County AC	11 May 2024	Watford
100m HURDLES						
U20 Women		14.54	Etianne Maughan	Bedford & County AC	13 May 2023	Watford
Snr. Women		14.7	Dionne Ible	Luton United AC	18 May 1986	Luton
300m HURDLES						
U17 Women		44.96	Hannah Foster	Shaftsbury Barnet Harriers	14 May 2017	Bedford
400m HURDLES						
U20 Women		65.95	Anna Mills	Bedford & County AC	15 May 1988	Luton
Snr. Women		65.0	Sharon Gough	Bedford & County AC	15 May 1982	Luton

LONG JUMP							
U13 Girls		4m 63	Poppy Brandom	Bedford & County AC	11 May 2025	Bedford	
U15 Girls		5m 10	Victoria Sales	Bedford & County AC	26 May 2013	Luton	
U17 Women		5m 92	Thaila-Jade Mason	Bedford & County AC	12 May 2024	Watford	
U20 Women		5m 91	Eavion Richardson	Shaftsbury Barnet Harriers	17 May 2015	Bedford	
Snr. Women		5m 89	Lorraine Lynch	Unattached	21 May 1989	Bedford	
TRIPLE JUMP							
U15 Girls		10m 48	Hannah Longworth	Bedford & County AC	13 May 2007	Sandy	
U17 Women		12m 23	Jazz Sears	Shaftsbury Barnet Harriers	13 May 2018	Bedford	
U20 Women		11m 75	Jazz Sears	Shaftsbury Barnet Harriers	11 May 2019	Bedford	
Snr. Women		12m 65	Eavion Richardson	Shaftsbury Barnet Harriers	11 May 2019	Bedford	
HIGH JUMP							
U13 Girls		1m 50	Jazz Sears	Luton AC	18 May 2014	Bedford	
U15 Girls	Equal	1m 63	Jayne Price	Bedford & County AC	15 May 1982	Luton	
	Equal	1m 63	Louise Gentle	Bedford & County AC	16 May 1993	Luton	
U17 Women	Equal	1m 70	Marcia Clark	Bedford & County AC	15 May 1982	Luton	
	Equal	1m 70	Tracey Clarke	Luton United AC	17 May 1987	Luton	
	Equal	1m 70	Chloe Cozens	Bedford & County AC	12 May 1996	Luton	
	Equal	1m 70	Gracie Wall	Bedford & County AC	15 May 2022	Bedford	
U20 Women		1m 80	Tracey Clarke	Essex Ladies AC	15 May 1988	Luton	
Snr. Women		1m 84	Ann-Marie Cording	Essex Ladies AC	18 May 1985	Luton	
SHOT PUTT							
U13 Girls		8m 62	Sophie Steele	Biggleswade AC	14 May 2017	Bedford	
U15 Girls		11m 32	Glenys Quailey	Bedford & County AC	17 May 1992	Bedford	
U17 Women		11m 33	Sophie Steele	Biggleswade AC	31 July 2021	Watford	
U20 Women		11m 48	M. May	Bedford & County AC	15 May 1988	Luton	
Snr. Women		13m 19	Rosalyn Gonse	Bedford & County AC	13 May 2012	Bedford	
DISCUS THROW							
U13 Girls		22m 08	Paris Comley	Etonbury Academy	17 May 2015	Bedford	
U15 Girls		27m 32	Hannah Brunning	Biggleswade AC	11 May 2019	Bedford	
U17 Women		32m 04	Samantha Reade	Luton United AC	18 May 1986	Luton	
U20 Women		35m 40	Rachael Bennett	Bedford & County AC	13 May 2007	Sandy	
Snr. Women		41m 41	Andrea Jenkins	Nene Valley Harriers	13 May 2012	Bedford	
HAMMER THROW		New Event May 2014*					
U15 Girl *		39m 76	Mia Flynn	Bedford & County AC	11 May 2025	Bedford	
U17 Women		34m 03	Victoria Hill	Luton AC	18 May 2014	Bedford	
U20 Women		41m 23	Suzanna Wise	Luton AC	13 May 2007	Sandy	
Snr. Women		51m 58	Andrea Jenkins	Nene Valley Harriers	15 May 2011	Luton	
JAVELIN THROW							
U13 Girl		33m 72	Emily Elphick	Bedford & County AC	12 May 2024	Watford	
U15 Girl		38m 91	Emily Elphick	Bedford & County AC	12 May 2025	Bedford	
U17 Women		37m 94	Lisa Barron	Luton United AC	20 May 1990	Bedford	
U20 Women		44m 86	Chloe Cozens	Bedford & County AC	9 May 1999	Bedford	
Snr. Women		52m 63	Jo Blair	Luton AC	14 May 2017	Bedford	
POLE VAULT		New Event added May 1994* New Event added 2015** New Event added 2019***					
U13Girl***		2m 00	Lois Fordham	Bedford & County AC	13 May 2023	Watford	
U15 Girl **		2m 90	Lois Fordham	Bedford & County AC	11 May 2025	Watford	
U17 Women *		2m 85	Jessica O'Sullivan	Dacorum & Tring AC	17 May 2015	Bedford	
U20 Women		3m 10	Finni Lorentz	Bedford & County AC	18 May 2014	Bedford	
Snr. Women		3m 80	Jemma Harding	Bedford & County AC	14 May 2006	Luton	
4 X 100m RELAY							
U13 Girls		55.7		Luton United AC	21 May 1989	Bedford	
U15 Girls		51.9		Bedford & County AC	15 May 1994	Bedford	
U17 Women		50.5		Bedford & County AC	21 May 1989	Bedford	
U20 Women		51.1		Bedford & County AC	14 May 1995	Bedford	
Snr. Women		50.2		Bedford & County AC	21 May 1989	Bedford	
4 X 400m RELAY							
U20 Women		04:17.6		Luton United AC	16 May 1993	Luton	
Snr. Women		04:20.9		Luton United AC	16 May 1993	Luton	