Beds AAA Track & Field Championship Records - 2023 (as at 2023-10-18) - MEN

EVENT		RECORD	NAME	CLUB	DATE	VENUE
100m						
U13 Boys		12.4	Deji Ogunnowo	Bedford & County AC	16 May 2004	Luton
U15 Boys		11.3	Deji Tobais	Bedford & County AC	14 May 2006	Luton
U17 Men		10.8	Deji Tobais	Unattached	11 May 2008	Bedford
U20 Men	Equal	10.6	Danny Joyce	Bedford & County AC	16 May 1993	Luton
	Equal	10.60	Raphael Bouju	Bedford & County AC	11 May 2019	Bedford
Snr. Men	Equal	10.6	Danny Joyce	Bedford & County AC	13 May 1995	Bedford
	Equal	10.6	Graham Beasley	Belgrave Harriers	11 May 2003	Bedford
200m						
U13 Boys		25.8	Deji Ogunnowo	Bedford & County AC	16 May 2004	Bedford
U15 Boys		22.8	Richard Ashby	Bedford & County AC	16 May 1981	Luton
U17 Men	Equal	22.0	Richard Ashby	Bedford & County AC	15 May 1982	Luton
	Equal	22.0	Deji Tobais	Unattached	11 May 2008	Bedford
U20 Men		21.68	Bradley Stone	Bedford & County AC	17 May 2015	Bedford
Snr. Men		21.28	Deji Tobais	WSEH AC	14 May 2017	Bedford
300m		** New Event May 2014*				
U15 Boys *		37.3	Nathan Cox	Bedford & County AC	18 May 2014	Bedford
400m						
U13 Boys		66.2	R. Snell	Margaret Beaufort M S	19 May 1991	Luton
U15 Boys		53.0	James Crump	Vauxhall AC	11 May 1996	Luton
U17 Men		51.1	Dereece O'Callaghan	Shaftsbury Barnet Harriers	13 May 2012	Bedford
U20 Men		47.6	Nigel Levine	Bedford & County AC	13 May 2007	Sandy
Snr. Men		48.4	Postal Nelson	Luton United AC	18 May 1985	Luton
800m						
U13 Boys		02:18.2	Jamal Lewis	Luton AC	9 May 2010	Bedford
U15 Boys		02:05.5	Derek Smith	Luton United AC	18 May 1986	Luton
U17 Men		01:58.3	Gareth Suffling	Luton United AC	10 May 1998	Luton
U20 Men		01:54.2	B. Potter	Oxford AC	1965	Bedford
Snr. Men		01:51.4	Neil Beasley	Luton United AC	10 May 1998	Luton
1500m						
U13 Boys		04:44.7	Martin Barton	Luton United AC	21 May 1989	Bedford
U15 Boys		04:18.3	Paul Halsey	Luton United AC	16 May 1981	Luton
U17 Men		04:01.5	N. Hooks		7 June 1969	Bedford
U20 Men		04:00.8	Luke Beevor	Vauxhall AC	12 May 2002	Luton
Snr. Men		03:48.0	Tony Simmons	Luton United AC	18 May 1974	Luton
3000m						
U13 Boys		10:50.0	Dan Parry	Parkfields Middle School	21 May 1989	Bedford
U15 Boys		09:46.6	Richard Reavley	Hastingsbury Upper School	16 May 1993	Luton
U17 Men		09:06.0	Ryan Parker	Bedford & Councy AC	14 May 2006	Luton
U20 Men		08:44.2	Luke Beevor	Vauxhall AC	12 May 2002	Luton
Snr. Men		09:10.0	Simon Coombes	Herne Hill Harriers	13 May 2007	Sandy
5000m						
U17 Men		17:55.3	Power	Bedford Modern School	15 May 1988	Luton
U20 Men		16:44.2	Steve Parker	Luton United AC	16 May 1993	Luton
Snr. Men		14:30.0	Tony Simmons	Luton United AC	5 June 1971	Bedford
10000m						
Snr. Men		31:38.0	Tony Simmons	Luton United AC	5 June 1971	Bedford
1500m S/C						
U17 Men		04:39.9	Shane Jay	Luton United AC	15 May 1994	Bedford
2000m S/C						
U20 Men		06:23.3	Shane Jay	Luton United AC	13 May 1995	Bedford
3000m S/C						
Snr. Men		09:28.7	Paul Farmer	Vauxhall AC	9 May 1999	Bedford

75m HURDLES							
U13 Boys		12.26	Stephen Simmons	Bedford & County AC	17 May 2015	Bedford	
80m HURDLES							
U13 Boys		14.3	Chris Hargrave	Bedford & County AC			
U15 Boys		11.61	Stephen Simmons	Bedford & County AC	14 May 2017	Bedford	
100m HURDLES							
U17 Men		13.5	Shaquille Thomas	Luton United AC	13 May 2012	Bedford	
110m HURDLES							
U20 Men		14.2	Euan Dickson-Earle	Biggleswade AC	18 May 2014	Bedford	
Snr. Men		14.32	Edson Gomes	Shaftesbury Barnet Harriers	15 May 2022	Bedford	
400m HURDLES							
U15 Boys		70.8	Richard Reavley	Bedford & County AC	17 May 1992	Bedford	
U17 Men		57.1	Robert Lewis	Bedford & County AC	14 May 1995	Bedford	
U20 Men		55.72	Paul Crossley	Luton United AC	11 May 1997	Bedford	
Snr. Men		53.6	Mark Whitby	Luton United AC	21 May 1983	Luton	
LONG JUMP							
U13 Boys		5m 20	Tunde Adewale	Bedford & County AC	9 May 2010	Bedford	
U15 Boys		6m 22	Darrell Aldridge	Bedford & County AC	11 May 1997	Bedford	
U17 Men		6m 95	Darrell Aldridge	Bedford & County AC	9 May 1999	Bedford	
U20 Men		7m 01	David Hughes	Luton AC	16 May 2004	Luton	
Snr. Men		7m 30	Michael Puplampu	Newham & Essex Beagles AC	17 May 2015	Bedford	
HIGH JUMP							
U13 Boys		1m 49	Stephen Carter	Holywell Middle School	14 May 2006	Luton	
U15 Boys		1m 75	Ian Gidley	Luton United AC	18 May 1985	Luton	
U17 Men		2m 00	Lee Johnson	Bedford & County AC	18 May 2014	Bedford	
U20 Men		2m 04	Scott Johnson	Bedford & County AC	11 May 2008	Bedford	
Snr. Men		2m 10	Scott Johnson	Bedford & County AC	18 May 2014	Bedford	
TRIPLE JUMP							
U13 Boys		10m 52	William Fleckney	Bedford & County AC	10 May 1998	Luton	
U15 Boys		12m 50	Leroy Knowles	Bedford & County AC	17 May 1992	Bedford	
U17 Men		13m 60	Steve Ashdown	Luton United AC	19 May 1973	Peterborough	
U20 Men		14m 70	R. Slaughter	Bedford Modern School	30 May 1959	Luton	
Snr. Men		14m 48	Steve Ashdown	Luton United AC	15 May 1976	Luton	
POLE VAULT							
U13 Boys		2m 50	Frankie Johnson	Bedford & County AC	13 May 2012	Bedford	
U15 Boys		3m 00	Jake Devereux	Bedford & County AC	10 May 2009	Luton	
U17 Men		4m 31	Frankie Johnson	Bedford & County AC	15 May 2016	Luton	
U20 Men		4m 90	Frankie Johnson	Bedford & County AC	11 May 2019	Bedford	
Snr. Men	Equal	4m 95	Mark Grant	Thames Valley Harriers	11 May 1997	Bedford	
	Equal	4m 95	Mark Grant	Puma TVH	14 May 2000	Luton	
SHOT PUTT							
U13 Boys		9m 92	Oliver Sage	Robert Bloomfield Middle School	16 May 2005	Bedford	
U15 Boys		12m 86	Ben Clements	Bedford & County AC	18 May 2014	Bedford	
U17 Men (10lb)		16m 05	R. Boyd	Bedford Modern School	1964	Luton	
U17 Men (5Kg)		14m 30	Jordan Ackuaku	Bedford & County AC	11 May 2019	Bedford	
U20 Men		14m 55	R. Boyd	Bedford Modern School	1965	Bedford	
Snr. Men		17m 34	Steve Whyte	Luton United AC	19 May 1991	Luton	
DISCUS THROW							
U13 Boys		25m 42	M. Parry	Bedford Modern School	17 May 1992	Bedford	
U15 Boys		36m 80	Zack Grinsted	Luton Athletic Club	11 May 2019	Bedford	
U17 Men		42m 92	Zack Grinsted	Luton Athletic Club	31 July 2021	Watford	
U20 Men		45m 96	R. Stapleton	Bedford & County AC	16 May 1981	Luton	
Snr. Men		48m 39	Steve Whyte	Puma TVH	8 May 1999	Bedford	

	HAMMER THROW							
	U15 Boys		54m 12	Alan Devonshire	Bedford & County AC	16 May 1993	Luton	
	U17 Men		63m 44	Nick Steinmetz	Bedford & County AC	16 May 1993	Luton	
	U20 Men		58m 40	Jamie Potton-Burrell	Luton AC	18 May 2014	Bedford	
	Snr. Men		63m 42	Glen Kerr	Bedford & County AC	14 May 2006	Luton	
	JAVELIN THROW							
	U13 Boys		34m 14	Matthew Richardson	Bedford & County AC	13 May 1995	Bedford	
	U15 Boys		47m 06	Tony Rigby	Bedford & County AC	14 May 1994	Bedford	
	U17 Men		55m 16	Alistair Gidley	Luton United AC	21 May 1989	Bedford	
	U20 Men		60m 90	Nick Pattison	Bedford Modern School	16 May 1981	Luton	
	Snr. Men		61m 61	Tom Dobbing	Newham & Essex Beagles	12 May 2002	Luton	
	4 X 100m RELAY							
	U13 Boys		48.5		Icknield School	20 May 1990	Bedford	
	U15 Boys		49.5		Bedford Modern School	16 May 1981	Luton	
	U17 Men		45.6		Bedford & County AC	19 May 1991	Luton	
	U20 Men		45.00		Luton United AC	19 May 1991	Luton	
	Snr. Men		44.2		Bedford College	15 May 1988	Luton	
	4 X 400m RELAY							
	U17 Men		03:38.5		Hastingsbury School	14 May 1995	Bedford	
	U20 Men		03:28.4		Luton United AC	11 May 1996	Luton	
	Snr. Men		03:29.6		Luton United AC	17 May 1992	Bedford	