

DUNSTABLE RR 5 MILE. 6 APRIL 2025. BEDS COUNTY CHAMPIOSHIPS

MALE WINNERS

<u>Overall</u> <u>position</u>	<u>Race</u> <u>number</u>	<u>First name</u>	<u>Last name</u>	<u>Gender</u>	<u>Age category</u>	<u>Gun time</u>	<u>Net time</u>	<u>Gender</u> <u>position</u>	<u>Club</u>	<u>Beds County</u> <u>Championships</u> <u>MEDAL WINNERS</u>
1	25	Stephen	BUCKLE	Male	M40	00:27:20	00:27:18	1	Leighton Buzzard Athletic Club	Overall MALE
13	106	Nicolae	HOGAS	Male	M40	00:32:44	00:32:39	11	Bedford Harriers AC	1st MV40
7	103	Adam	HILLS	Male	M45	00:31:21	00:31:17	7	Bedford Harriers AC	1st MV45
2	42	Simon	COOMBES	Male	M50	00:27:54	00:27:50	2	Leighton Buzzard Athletic Club	1st MV50
18	129	Stuart	KNIGHT	Male	M55	00:34:10	00:34:06	15	Bedford Harriers AC	1st MV55
31	158	Chris	NEWNHAM	Male	M60	00:36:04	00:35:59	25	Ampthill & Flitwick Flyers Rc	1st MV60
17	33	John	CHAPMAN	Male	M65	00:34:01	00:33:57	14	Stopsey Striders	1st MV65
36	136	Neil	LOVESEY	Male	M70	00:36:33	00:36:26	29	Bedford Harriers	1st MV70
62	68	Frank	ESAW	Male	M75	00:41:15	00:41:00	47	Bedford Harriers AC	1st MV75
122	179	John	READE	Male	M80	01:07:35	01:07:10	74	Dunstable Road Runners	1st MV80

FEMALE WINNERS

8	57	Johanna	DEAR	Female	Senior Women	00:31:32	00:31:27	1	Leighton Buzzard Athletic Club	Overall FEMALE
30	70	Amy	FARNFIELD	Female	W35	00:36:03	00:35:50	6	Lbac	1st FV35
66	187	Katie	RUDITIS	Female	W40	00:42:17	00:42:06	16	Ampthill & Flitwick Flyers	1st FV40
10	132	Christine	LATHWELL	Female	W45	00:32:24	00:32:20	2	Stopsley Striders	1st FV45
23	215	Abigail	TURNER	Female	W50	00:35:07	00:35:03	4	Bedford Harriers	1st FV50
51	193	Juliet	SMITH	Female	W55	00:38:18	00:38:08	11	Bedford Harriers	1st FV55
76	184	Karen	ROBERTSON	Female	W60	00:43:49	00:43:37	21	Bedford Harriers	1st FV60
50	88	Nora	HAGGART	Female	W65	00:38:15	00:38:04	10	Bedford Harriers AC	1st FV65
83	9	Christine	AYERS	Female	W70	00:45:52	00:45:37	26	Leighton Fun Runners	1st FV70

FULL COUNTY RESULTS

<u>Overall</u> <u>position</u>	<u>Race</u> <u>number</u>	<u>First name</u>	<u>Last name</u>	<u>Gender</u>	<u>Age category</u>	<u>Gun time</u>	<u>Net time</u>	<u>Gender</u> <u>position</u>	<u>Club</u>	<u>Beds County</u> <u>Championships</u> <u>MEDAL WINNERS</u>
1	25	Stephen	BUCKLE	Male	M40	00:27:20	00:27:18	1	Leighton Buzzard Athletic Club	Overall MALE
2	42	Simon	COOMBES	Male	M50	00:27:54	00:27:50	2	Leighton Buzzard Athletic Club	
3	2	Luke	ABLARD	Male	Senior Men	00:28:32	00:28:28	3	Bedford Harriers AC	
4	59	Sam	DEAR	Male	Senior Men	00:29:14	00:29:11	4	Leighton Buzzard Athletic Club	
5	44	Darren	CORNISH	Male	M50	00:29:55	00:29:51	5	Dunstable Lions Rc	
6	200	Terry	STANLEY	Male	Senior Men	00:31:00	00:30:56	6	Amphill & Flitwick Flyers Rc	
7	103	Adam	HILLS	Male	M45	00:31:21	00:31:17	7	Bedford Harriers AC	1st MV45
8	57	Johanna	DEAR	Female	Senior Women	00:31:32	00:31:27	1	Leighton Buzzard Athletic Club	Overall FEMALE
9	81	Michael	FURNESS	Male	M50	00:31:44	00:31:40	8	Leighton Buzzard Athletic Club	
10	132	Christine	LATHWELL	Female	W45	00:32:24	00:32:20	2	Stopsley Striders	1st FV45
11	227	Kallum	WRIGHT	Male	Senior Men	00:32:34	00:32:28	9	Stopsley Striders	
12	159	Gavin	NICHOLSON	Male	M45	00:32:38	00:32:34	10	Amphill & Flitwick Flyers Rc	
13	106	Nicolae	HOGAS	Male	M40	00:32:44	00:32:39	11	Bedford Harriers AC	1st MV40
14	185	Warren	ROSE	Male	M50	00:33:03	00:32:56	12	Leighton Buzzard Athletic Club	
15	116	Libby	JAY	Female	Senior Women	00:33:19	00:33:15	3	Luton Athletics Club	
16	162	Vittorio	PACI	Male	M50	00:33:54	00:33:51	13	Bedford Harriers AC	
17	33	John	CHAPMAN	Male	M65	00:34:01	00:33:57	14	Stopsey Striders	1st MV65
18	129	Stuart	KNIGHT	Male	M55	00:34:10	00:34:06	15	Bedford Harriers AC	1st MV55
19	83	Adam	GOATLEY	Male	Senior Men	00:34:11	00:34:07	16	Dunstable Road Runners	
20	98	Rob	HERRING	Male	M55	00:34:24	00:34:19	17	Bedford Harriers AC	
21	175	Ian	PUNTER	Male	M50	00:34:46	00:34:39	18	Dunstable Road Runners	
22	182	David	ROBERTS	Male	M55	00:34:57	00:34:51	19	Bedford Harriers AC	
23	215	Abigail	TURNER	Female	W50	00:35:07	00:35:03	4	Bedford Harriers	1st FV50
24	201	George	STEPHENS	Male	M45	00:35:37	00:35:31	20	Bedford Harriers AC	
25	28	Gary	BUTLER	Male	M55	00:35:38	00:35:33	21	Bedford Harriers AC	
26	86	Krzysztof	GRABOWSKI	Male	Senior Men	00:35:42	00:35:34	22		
27	102	Richard	HILL	Male	M65	00:35:44	00:35:37	23	Bedford Harriers	
28	146	Philip	MEAD	Male	Senior Men	00:35:49	00:35:43	24	Amphill & Flitwick Flyers Rc	
29	128	Sally	KNIGHT	Female	W50	00:35:54	00:35:48	5	Bedford Harriers AC	

30	70	Amy	FARNFIELD	Female	W35	00:36:03	00:35:50	6	Lbac	1st FV35
31	158	Chris	NEWNHAM	Male	M60	00:36:04	00:35:59	25	Ampthill & Flitwick Flyers Rc	1st MV60
32	239	Innocent	SANDATI	Male	Senior Men	00:36:16	00:36:11	26		
33	69	Krystin	FAIRWEATHER	Female	W50	00:36:18	00:36:11	7	Ampthill & Flitwick Flyers Rc	
35	223	Christopher	WILDING	Male	Senior Men	00:36:20	00:36:11	28		
34	247	Eugen	CACIULA	Male	Senior Men	00:36:20	00:36:12	27		
36	136	Neil	LOVESEY	Male	M70	00:36:33	00:36:26	29	Bedford Harriers	1st MV70
37	71	Stephen	FARROW	Male	M50	00:36:40	00:36:33	30	Ampthill & Flitwick Flyers Rc	
38	73	Richard	FEARNLEY	Male	Senior Men	00:36:42	00:36:34	31		
39	139	Shilen	MANTRI	Male	M50	00:36:52	00:36:44	32	Dunstable Road Runners	
40	32	Heather	CHANDLER	Female	W50	00:36:55	00:36:48	8	Stopsley Striders Jogging Club	
41	222	Scott	WHITLOCK	Male	M45	00:37:21	00:37:13	33		
42	181	Nick	RIMMER	Male	M55	00:37:22	00:37:13	34	Ampthill & Flitwick Flyers Rc	
43	15	Sophia	BARTLETT	Female	W50	00:37:34	00:37:28	9	Ampthill & Flitwick Flyers Rc	
44	96	Andrew	HEALE	Male	M55	00:37:46	00:37:36	35	Leighton Fun Runners	
45	160	Andrew	NORMAN	Male	M60	00:37:49	00:37:42	36	Dunstable Lions Rc	
46	12	Ian	BALLARD	Male	M55	00:37:52	00:37:44	37	Ampthill & Flitwick Flyers Rc	
47	79	David	FRAMPTON	Male	M65	00:37:57	00:37:50	38	Bedford Harriers AC	
48	46	Nick	CROSS	Male	M60	00:38:02	00:37:55	39	Bedford Harriers AC	
49	53	Martin	DAVEY	Male	M65	00:38:09	00:38:02	40	Ampthill & Flitwick Flyers Rc	
50	88	Nora	HAGGART	Female	W65	00:38:15	00:38:04	10	Bedford Harriers AC	1st FV65
51	193	Juliet	SMITH	Female	W55	00:38:18	00:38:08	11	Bedford Harriers	1st FV55
52	37	Colin	CLENNETT	Male	M60	00:38:25	00:38:18	41	Ampthill & Flitwick Flyers Rc	
53	101	Richard	HILL	Male	M50	00:38:43	00:38:33	42	Marshall Milton Keynes	
54	107	David	HOLT	Male	M65	00:38:44	00:38:33	43	Bedford Harriers	
55	61	Zoey	DIDLICK	Female	W45	00:38:47	00:38:40	12	Ampthill & Flitwick Flyers Rc	
56	161	Lauren	OWENS	Female	W35	00:38:52	00:38:42	13	Bedford Harriers AC	
57	210	David	TIFFIN	Male	M50	00:38:56	00:38:46	44	Houghton Flyers	
58	115	Jackie	JAY	Female	W45	00:39:04	00:38:56	14	Luton Athletics Club	
59	189	Angus	SEYMOUR	Male	Senior Men	00:39:15	00:39:02	45		
60	24	Jessi	BRUNETTI	Female	Senior Women	00:39:26	00:39:16	15		
61	21	Mark	BILLINGTON	Male	M60	00:40:15	00:40:06	46	Ampthill & Flitwick Flyers Rc	

62	68	Frank	ESAW	Male	M75	00:41:15	00:41:00	47	Bedford Harriers AC	1st MV75
63	39	Alan	COLLEY	Male	M75	00:41:23	00:41:06	48	Bedford Harriers	
64	104	Alan	HINES	Male	M45	00:42:02	00:41:38	49	Leighton Fun Runners	
65	50	John	DALY	Male	M60	00:42:12	00:41:59	50		
66	187	Katie	RUDITIS	Female	W40	00:42:17	00:42:06	16	Ampthill & Flitwick Flyers	1st FV40
67	137	Vicky	LUCAS	Female	W50	00:42:25	00:42:11	17	Bedford Harriers	
68	211	Krzysztof	TROCHIM	Male	M45	00:42:25	00:42:10	51		
69	118	Elaine	JENKINS	Female	W55	00:42:32	00:42:19	18	Dunstable Road Runners	
70	122	Paul	KEECH	Male	M65	00:42:33	00:42:24	52	Stopsley Striders Jogging Club	
71	208	David	THOMPSON-TRACE	Male	M65	00:42:42	00:42:21	53	Stopsley Striders Jogging Club	
72	143	Rob	MCCAFFRAY	Male	M55	00:42:49	00:42:34	54	Bedford Harriers AC	
73	209	Canasta	TIFFIN	Female	W45	00:43:01	00:42:50	19		
74	121	Tony	JONES	Male	M60	00:43:17	00:43:04	55	Bedford Harriers AC	
75	149	Kirsty	MINNIS	Female	W35	00:43:42	00:43:31	20	Dunstable Road Runners	
76	184	Karen	ROBERTSON	Female	W60	00:43:49	00:43:37	21	Bedford Harriers	1st FV60
77	31	Chris	CAPPS	Male	M65	00:43:57	00:43:45	56	Bedford Harriers AC	
78	117	Joanna	JEFFS	Female	W45	00:44:04	00:43:55	22	Dunstable Lions Rc	
79	195	Joanne	SMYTHE	Female	W45	00:44:08	00:43:57	23	Bedford Harriers AC	
80	35	Irina	CICIO	Female	Senior Women	00:44:45	00:44:31	24		
81	13	Tony	BARNES	Male	M60	00:44:49	00:44:31	57	Bedford Harriers AC	
82	65	Charlotte	EADIE	Female	Senior Women	00:45:21	00:45:01	25		
83	9	Christine	AYERS	Female	W70	00:45:52	00:45:37	26	Leighton Fun Runners	1st FV70
84	141	Steven	MCALLISTER	Male	M40	00:46:01	00:45:47	58	Bedfordshire Trail Runners	
85	124	Viv	KILGOUR	Female	W60	00:46:28	00:46:12	27	Bedford Harriers AC	
86	47	Sue	CROSS	Female	W60	00:46:54	00:46:36	28	Bedford Harriers AC	
87	120	Daniel	JEZIORSKI	Male	M50	00:47:11	00:46:49	59		
88	171	Ruth	POWER	Female	W55	00:47:24	00:47:11	29	Dunstable Road Runners	
89	58	Roger	DEAR	Male	M70	00:47:34	00:47:22	60		
90	78	Fleur	FORSYTHE	Female	Senior Women	00:47:35	00:47:20	30	Leighton Fun Runners	
91	126	Sean	KING	Male	Senior Men	00:47:50	00:47:36	61		
92	213	Phil	TUBBS	Male	M65	00:48:34	00:48:19	62	Dunstable Road Runners	
94	18	Kylie	BEATTIE	Female	W35	00:48:39	00:48:24	32		

93	48	Stefanie	CUFF	Female	W35	00:48:39	00:48:18	31	
95	188	Ian	SAGE	Male	M75	00:48:41	00:48:28	63	Dunstable Road Runners
96	45	Stepehn	CRANE	Male	M65	00:49:37	00:49:18	64	Bedford Harriers AC
97	105	Emily	HINES	Female	Senior Women	00:49:39	00:49:15	33	Leighton Fun Runners
98	56	Valerie	DAWSON	Female	W55	00:49:58	00:49:37	34	Amphill & Flitwick Flyers Rc
99	38	Terry	COLEMAN	Male	M75	00:50:07	00:49:53	65	Kettering Town Harriers
100	133	Brendan	LAVIN	Male	Senior Men	00:50:20	00:49:48	66	
101	220	Gemma	WHEELER	Female	Senior Women	00:50:43	00:50:26	35	
102	204	Kornelia	SUCHECKA	Female	Senior Women	00:50:48	00:50:21	36	
103	41	Rob	COOK	Male	M65	00:50:53	00:50:30	67	Amphill & Flitwick Flyers Rc
104	156	Alexandra	MORGAN	Female	W55	00:51:17	00:50:57	37	Bedford Harriers AC
105	150	Danielle	MITCHELL	Female	Senior Women	00:51:24	00:51:01	38	
106	94	Vince	HAYES	Male	M55	00:52:06	00:51:37	68	Houghton Park Flyers
107	148	Stacey	MILLS	Female	W55	00:53:05	00:52:50	39	
108	173	Clifford	PUNTER	Male	M60	00:54:13	00:53:50	69	Dunstable Road Runners
109	165	Abbie	PARFITT	Female	Senior Women	00:54:29	00:54:08	40	
110	167	Hayley	PFEIFER	Female	W45	00:54:47	00:54:29	41	Drr
111	231	Jessica	MORRIS	Female	Senior Women	00:55:12	00:54:53	42	
112	144	Ailie	MCFAULL	Female	Senior Women	00:56:50	00:56:26	43	
113	229	Rachel	ZIEMELIS	Female	W35	00:57:29	00:57:12	44	
114	87	Victoria	GREENE	Female	W55	00:57:45	00:57:18	45	Bedford Harriers AC
115	192	David	SMITH	Male	M75	00:58:11	00:57:54	70	
116	250	Jean	SANDATI	Female	W40	01:01:10	01:00:56	46	
118	3	Kartik	AGARWAL	Male	Senior Men	01:02:14	01:01:46	71	Houghton Park Flyers
117	93	Fiona	HAYES	Female	W50	01:02:14	01:01:45	47	
119	249	John	SITIMA	Male	M55	01:02:33	01:02:21	72	
120	248	Jennifer	SITIMA	Female	W50	01:04:25	01:04:10	48	
121	54	Neil	DAVIS	Male	M45	01:05:35	01:05:16	73	Houghton Park Flyers
122	179	John	READE	Male	M80	01:07:35	01:07:10	74	Dunstable Road Runners
123	109	Dawn	HOWE	Female	W60	01:10:27	01:10:05	49	Dunstable Road Runners
124	228	Hayley	YARRANTON	Female	W35	01:15:23	01:15:01	50	
126	251	Juliet	MUKOSERA	Female	W35	01:19:19	01:18:58	52	
125	254	Fungai	MARAWA	Female	W45	01:19:19	01:18:57	51	

1st MV80