

## Doug Anderson 5K

## Male County Championship Results

19 July 2023

Results by Bedford Harriers A.C.

All places by Gun to Chip time

### Male Open Winners

Place	Name	Team	Time
1	Mohammed Elbayan	Stopsley Striders	15:33
2	Liam Busby	Wycombe Phoenix Harriers AC	15:48
3	Michael Harrison	Bedford & County A C	15:59

### Male Junior

Place	Name	Team	Time
1	Cameron Barnes	Bedford & County A C	17:16
2	Luca Devlin	Bedford & County A C	17:21
3	Isaac Mitchell	Bedford & County A C	17:28

### MV40

Place	Name	Team	Time
1	David Haslam	Bedford Harriers A C	18:11
2	Andrew Cowdrill	Marshall Milton Keynes A C	18:13
3	Martin Hughes	Amphill & Flitwick Flyers	18:25

### MV45

Place	Name	Team	Time
1	Marcus Cook	Amphill & Flitwick Flyers	18:03
2	Adam Hills	Bedford Harriers A C	18:18
3	James Smith	Amphill & Flitwick Flyers	18:24

### MV50

Place	Name	Team	Time
1	Vittorio Paci	Bedford Harriers A C	18:47
2	Russell Mead	Dunstable Lions Running Club (Be)	20:33
3	Gez Fallon	Stopsley Striders	20:49

### MV55

Place	Name	Team	Time
1	Andy Smith	Dunstable Lions Running Club (Be)	19:42
2	Stuart Knight	Bedford Harriers A C	20:48
3	Rob Herring	Bedford Harriers A C	20:54

### MV60

Place	Name	Team	Time
1	Andrew Durrant	Stopsley Striders	22:22
2	Nick Cross	Bedford Harriers A C	22:43
3	Martin Davey	Amphill & Flitwick Flyers	23:31

### MV65

Place	Name	Team	Time
1	John Chapman	Stopsley Striders	20:41
2	David Frampton	Bedford Harriers A C	21:20
3	Dave Holt	Bedford Harriers A C	21:34

### MV70

Place	Name	Team	Time
1	Chris Lamont	Stopsley Striders	22:29
2	Charles Dicks	Fetch Everyone	24:39
3	Francis Esaw	Bedford Harriers A C	25:14

### MV75

Place	Name	Team	Time
1	Alan Weir	Stopsley Striders	26:24
2	John Reade	Dunstable R R	39:58
3	Geoffrey White		40:24

## Doug Anderson 5K

## Female County Championship Resu

19 July 2023

Results by Bedford Harriers A.C.

All places by Gun to Chip time

### Female Open Winners

Place	Name	Team	Time
1	Lyla Danobrega	Bedford & County A C	17:57
2	Alice Burgin	Bedford & County A C	18:57
3	Emily Varley	Biggleswade A C	19:14

### Female Junior

Place	Name	Team	Time
1	Eleanor Smith	Bedford & County A C	20:24
2	Ellie Harper	Bedford & County A C	20:35
3	Isla Lee		24:48

### FV35

Place	Name	Team	Time
1	Ellen Docherty		21:53
2	Becky Sharpe	Dunstable Lions Running Club (Be	22:08
3	Mandy Rimmer	Amphill & Flitwick Flyers	25:19

### FV40

Place	Name	Team	Time
1	Charlotte Snowdon	Stopsley Striders	22:00
2	Lucy Baldwin	Bedford Harriers A C	22:42
3	Julia Hallam	Team Balancise RC	23:08

### FV45

Place	Name	Team	Time
1	Christine Lathwell	Stopsley Striders	20:13
2	Fiona Bifield	Bedford Harriers A C	29:38
3	Joanne Simmons		30:40

### FV50

Place	Name	Team	Time
1	Kyrstin Fairweather	Amphill & Flitwick Flyers	22:34
2	Sally Ward	Team Balancise RC	24:25
3	Victoria Lucas	Bedford Harriers A C	25:52

### FV55

Place	Name	Team	Time
1	Lisa Wells	Amphill & Flitwick Flyers	22:06
2	Autumn Lynch	Amphill & Flitwick Flyers	24:17
3	Sue Jolly	Team Balancise RC	24:39

### FV60

Place	Name	Team	Time
1	Veronica Singleton-Lawley	Bedford Harriers A C	26:12
2	Viv Kilgour	Bedford Harriers A C	26:57
3	Shelah Surgey	Dunstable Lions Running Club (Be	30:01

### FV65

Place	Name	Team	Time
1	Nora Haggart	Bedford Harriers A C	22:56
2	Patricia Dicks	Fetch Everyone	32:38
3			

### FV70

Place	Name	Team	Time
1	Christine Ayers	Leighton Fun Runners	26:23
2			
3			

## Doug Anderson 5K

19 July 2023

Results by Bedford Harriers A.C.

All places by Gun to Chip time

CC Position	Name	Gender	Gun time	Chip time	Bib Number	CC Age Group	Club
1	Mohammed Elbayan	M	15:33	15:33	332	MSenior	Stopsley Striders
2	Liam Busby	M	15:48	15:47	88	MSenior	Wycombe Phoenix Harriers AC
3	Michael Harrison	M	15:59	15:58	417	MSenior	Bedford & County A C
4	Stan Willis	M	16:08	16:08	353	MSenior	Bedford & County A C
5	Billy Fadden	M	16:58	16:56	253	MSenior	Bedford Harriers A C
6	Tom Doble	M	17:06	17:05	130	MSenior	North Herts R R
7	Cameron Barnes	M	17:16	17:16	371	MJunior	Bedford & County A C
8	Luca Devlin	M	17:21	17:20	354	MJunior	Bedford & County A C
9	Isaac Mitchell	M	17:28	17:27	355	MJunior	Bedford & County A C
10	Theo Beale	M	17:29	17:29	342	MJunior	Bedford & County A C
11	Paul Waller	M	17:30	17:29	23	MV35	
12	Matt Clements	M	17:35	17:33	110	MSenior	Marshall Milton Keynes A C
13	Sam Boshier	M	17:48	17:47	361	MJunior	Bedford & County A C
14	Harry Scott	M	17:53	17:52	295	MJunior	Bedford & County A C
15	Lyla Danobrega	F	17:57	17:56	294	FJunior	Bedford & County A C
16	Gabriel Popescu	M	17:58	17:53	339	MV35	Dunstable Lions Running Club (Beds)
17	Sam Mead	M	17:59	17:54	438	MJunior	Dunstable Lions Running Club (Beds)
18	Marcus Cook	M	18:03	18:01	68	MV45	Amphill & Flitwick Flyers
19	David Haslam	M	18:11	18:08	59	MV40	Bedford Harriers A C
20	Andrew Cowdrill	M	18:13	18:10	112	MV40	Marshall Milton Keynes A C
21	Adam Hills	M	18:18	18:14	18	MV45	Bedford Harriers A C
22	Kallum Wright	M	18:20	18:17	245	MSenior	Stopsley Striders
23	Archie Henderson	M	18:23	18:22	119	MJunior	Bedford & County A C
24	James Smith	M	18:24	18:22	322	MV45	Amphill & Flitwick Flyers
25	Martin Hughes	M	18:25	18:23	306	MV40	Amphill & Flitwick Flyers
26	Jamie Prior	M	18:30	18:28	395	MJunior	Bedford & County A C
27	Dylan Stokes	M	18:35	18:34	282	MJunior	Bedford & County A C
28	Mackenzie Kotrys	M	18:36	18:35	292	MJunior	Bedford & County A C
29	David Moody	M	18:38	18:31	231	MSenior	
30	Jacob Schuricht	M	18:40	18:39	393	MJunior	Bedford & County A C
31	Gavin Nicholson	M	18:43	18:41	305	MV40	Amphill & Flitwick Flyers
32	Vittorio Paci	M	18:47	18:44	87	MV50	Bedford Harriers A C
33	Alice Burgin	F	18:57	18:55	260	FSenior	Bedford & County A C
34	Richard Moore	M	19:13	19:08	334	MV40	Dunstable Lions Running Club (Beds)
35	Emily Varley	F	19:14	19:12	86	FSenior	Biggleswade A C
36	Zach Danobrega	M	19:17	19:16	293	MJunior	Bedford & County A C
37	Ryan Parsons	M	19:30	19:27	246	MSenior	Stopsley Striders
38	Michael Donnor	M	19:31	19:26	331	MV35	Dunstable Lions Running Club (Beds)
39	James Harvey	M	19:34	19:30	352	MV35	Bedford Harriers A C
40	Andy Smith	M	19:42	19:36	142	MV55	Dunstable Lions Running Club (Beds)
41	Tim McGlashan	M	19:43	19:41	373	MSenior	Biggleswade A C
42	Simon Harper	M	19:46	19:44	207	MV45	Bedford & County A C
43	Robert Mace	M	19:46	19:46	95	MV35	
44	Christine Lathwell	F	20:13	20:10	217	FV45	Stopsley Striders
45	Eleanor Smith	F	20:24	20:22	275	FJunior	Bedford & County A C
46	Matthew Gilbert	M	20:27	20:21	180	MV45	Leighton Fun Runners
47	Russell Mead	M	20:33	20:27	439	MV50	Dunstable Lions Running Club (Beds)
48	Ellie Harper	F	20:35	20:33	208	FJunior	Bedford & County A C
49	John Chapman	M	20:41	20:38	335	MV65	Stopsley Striders
50	Eloise Kramer	F	20:43	20:39	174	FSenior	
51	Ross Finlay	M	20:45	20:27	343	MV40	Boxfit Tri Club
52	David Sheffield	M	20:48	20:37	148	MV40	Bedford Harriers A C
53	Stuart Knight	M	20:48	20:43	367	MV55	Bedford Harriers A C
54	Gez Fallon	M	20:49	20:46	198	MV50	Stopsley Striders
55	Henry Lynn	M	20:53	20:49	299	MV50	Amphill & Flitwick Flyers
56	Rob Herring	M	20:54	20:48	150	MV55	Bedford Harriers A C
57	Tony Tsang	M	20:57	20:46	423	MV45	Fetch Everyone
58	Andrew Waller	M	21:00	20:54	9	MV40	
59	Mark Finn	M	21:02	20:53	65	MV45	Bedford Harriers A C
60	James Watson	M	21:05	20:57	389	MV35	Biggleswade A C
61	Justin Crook	M	21:12	21:08	163	MV45	Olney Runners
62	Giles Hawthorne	M	21:17	21:10	12	MV45	Biggleswade A C
63	David Frampton	M	21:20	21:15	183	MV65	Bedford Harriers A C
64	Chris Hoare	M	21:21	21:13	5	MV40	Bedford Harriers A C
65	Alexander Smythe	M	21:30	21:20	244	MJunior	
66	Dave Holt	M	21:34	21:26	281	MV65	Bedford Harriers A C
67	Alistair Nelson	M	21:34	21:26	236	MSenior	Biggleswade A C
68	Nicky Upperton	F	21:38	21:31	181	FSenior	Biggleswade A C
69	Phillip Mead	M	21:39	21:34	317	MV35	Amphill & Flitwick Flyers
70	Peter Fadden	M	21:42	21:31	267	MSenior	Bedford Harriers A C
71	Paul Emery	M	21:45	21:35	111	MV45	Riverside Runners
72	Paul Britton	M	21:48	21:41	56	MV35	Bedford Harriers A C
73	Ellen Docherty	F	21:53	21:43	359	FV35	
74	Bryn Lee	M	21:55	21:47	400	MV35	Team Balancise RC
75	Charlotte Snowdon	F	22:00	21:56	427	FV40	Stopsley Striders
76	Dean Newman	M	22:03	21:52	185	MV50	
77	Lisa Wells	F	22:06	22:01	301	FV55	Amphill & Flitwick Flyers

## Doug Anderson 5K

19 July 2023

Results by Bedford Harriers A.C.

All places by Gun to Chip time

CC Position	Name	Gender	Gun time	Chip time	Bib Number	CC Age Group	Club
78	Becky Sharpe	F	22:08	21:54	338	FV35	Dunstable Lions Running Club (Beds)
79	David Brewer	M	22:09	22:05	36	MV55	Bedford Harriers A C
80	Jerry Pullinger	M	22:15	22:10	28	MV65	Bedford Harriers A C
81	Ian Pitkin	M	22:17	22:12	214	MV55	Stopsley Striders
82	Shaun Busby	M	22:22	22:11	324	MV35	Bedford Harriers A C
83	Andrew Durrant	M	22:22	22:18	341	MV60	Stopsley Striders
84	Juan Carlos Augusto	M	22:25	22:15	42	MV55	Bedford Harriers A C
85	Ian Ballard	M	22:28	22:19	320	MV55	Amphill & Flitwick Flyers
86	Chris Lamont	M	22:29	22:24	258	MV70	Stopsley Striders
87	Mark Cornell	M	22:33	22:27	333	MV55	Dunstable Lions Running Club (Beds)
88	Kyrstin Fairweather	F	22:34	22:26	319	FV50	Amphill & Flitwick Flyers
89	Lucy Baldwin	F	22:42	22:30	278	FV40	Bedford Harriers A C
90	Nick Cross	M	22:43	22:32	149	MV60	Bedford Harriers A C
91	Jeremy Bell	M	22:43	22:39	316	MV55	Amphill & Flitwick Flyers
92	Richard Hill	M	22:46	22:38	160	MV55	Biggleswade A C
93	Nora Haggart	F	22:56	22:48	60	FV65	Bedford Harriers A C
94	Andrew Stocks	M	23:04	22:54	115	MV50	Leighton Fun Runners
95	Julia Hallam	F	23:08	23:00	21	FV40	Team Balancise RC
96	Antony Runnegar	M	23:29	23:23	328	MV50	
97	Peter Gallivan	M	23:30	23:08	418	MSenior	Bedford Harriers A C
98	Martin Davey	M	23:31	23:18	300	MV60	Amphill & Flitwick Flyers
99	Brian Day	M	23:42	23:27	357	MV40	Dunstable Lions Running Club (Beds)
100	Martin Jarvis	M	23:44	23:36	412	MV40	Bedford Harriers A C
101	Tom Webster	M	23:47	23:38	211	MV40	Leighton Fun Runners
102	Damien Pitts	M	23:52	23:34	251	MV40	Biggleswade A C
103	Adam Wild	M	23:53	23:31	406	MV50	Bedford Harriers A C
104	Andrew Robertson	M	23:56	23:46	372	MV65	Bedford Harriers A C
105	Peter Huat	M	23:59	23:55	387	MV65	
106	Richard Hill	M	24:08	23:55	74	MV60	Bedford Harriers A C
107	Eleanor Adams	F	24:14	23:57	39	FSenior	
108	Kate Ruditis	F	24:15	23:55	318	FV40	Amphill & Flitwick Flyers
109	Autumn Lynch	F	24:17	24:06	312	FV55	Amphill & Flitwick Flyers
110	Richard Jones	M	24:23	24:10	314	MV55	Amphill & Flitwick Flyers
111	Sally Ward	F	24:25	24:06	204	FV50	Team Balancise RC
112	Bryan Seago	M	24:37	24:23	422	MV50	
113	Michael Munro	M	24:38	24:26	233	MV50	Bedford Harriers A C
114	Charles Dicks	M	24:39	24:16	377	MV70	Fetch Everyone
115	Sue Jolly	F	24:39	24:24	213	FV55	Team Balancise RC
116	Isla Lee	F	24:48	24:32	255	FJunior	
117	Daemon Lee	M	24:49	24:34	256	MV50	
118	Wayne Walker	M	24:53	24:42	431	MV45	Leighton Fun Runners
119	Matt Tutton	M	25:03	24:53	145	MV35	Fairlands Valley Spartans
120	Francis Esaw	M	25:14	25:08	146	MV70	Bedford Harriers A C
121	Ian Grimwood	M	25:14	24:59	344	MV70	Biggleswade A C
122	Mandy Rimmer	F	25:19	24:59	329	FV35	Amphill & Flitwick Flyers
123	Neil Truelove	M	25:20	25:01	128	MV60	Shefford Runners
124	Emma Lee	F	25:21	25:01	399	FSenior	Team Balancise RC
125	Alex Jones	M	25:37	25:17	224	MSenior	Team Balancise RC
126	Kirsty Jones	F	25:40	25:28	57	FV40	Bedford Harriers A C
127	Tony Ploszajski	M	25:41	25:16	144	MV60	Achilles Club
128	Victoria Lucas	F	25:52	25:31	102	FV50	Bedford Harriers A C
129	Veronica Singleton-Lawley	F	26:12	25:55	286	FV60	Bedford Harriers A C
130	Christine Ayers	F	26:23	26:06	34	FV70	Leighton Fun Runners
131	Alan Weir	M	26:24	26:10	259	MV75	Stopsley Striders
132	Stuart Bullard	M	26:25	26:10	263	MV45	Bedford Harriers A C
133	Emily Parker	F	26:25	26:02	426	FJunior	Bedford Harriers A C
134	Mark O'Reilly	M	26:51	26:31	132	MV55	Redway Runners
135	Viv Kilgour	F	26:57	26:45	228	FV60	Bedford Harriers A C
136	Debbie Walsh	F	26:59	26:31	109	FV40	Bedford Harriers A C
137	James Waller	M	27:01	26:53	43	MV40	
138	Peter Pack	M	27:02	26:48	421	MV60	Bedford Harriers A C
139	Joanna Gucwa	F	27:03	26:55	24	FV35	
140	Johanna Lee	F	27:07	26:34	337	FV40	Dunstable R R
141	Tim Long	M	27:20	26:58	429	MV55	
142	Stuart Cowan	M	27:28	27:05	296	MV70	Marshall Milton Keynes A C
143	Stephen Crane	M	27:35	27:14	405	MV65	Bedford Harriers A C
144	David O'Connor	M	27:41	27:25	61	MV55	Olney Runners
145	Chris Fadden	M	27:54	27:39	416	MV60	Bedford Harriers A C
146	Rahul Dogra	M	28:09	27:46	408	MV50	
147	Jackie Warren	F	28:14	27:57	248	FV55	Biggleswade A C
148	Sarah Crawley	F	28:21	28:04	171	FV40	Bedford Harriers A C
149	Maria Merridan	F	28:22	28:06	212	FV50	Biggleswade A C
150	Tony Barnes	M	28:26	28:11	103	MV55	Bedford Harriers A C
151	Lorraine Sassano	F	28:29	28:06	348	FV55	Team Balancise RC
152	Emma Waller	F	28:30	28:21	10	FV40	
153	Keith Johnson	M	28:48	28:19	84	MV60	Bedford Harriers A C
154	Melissa Tanti	F	28:55	28:42	285	FSenior	Stevenage Phoenix Running Club

## Doug Anderson 5K

19 July 2023

Results by Bedford Harriers A.C.

All places by Gun to Chip time

CC Position	Name	Gender	Gun time	Chip time	Bib Number	CC Age Group	Club
155	Ian Sage	M	29:00	28:29	184	MV70	Dunstable R R
156	Richard Gallivan	M	29:01	28:46	345	MV65	Bedford Harriers A C
157	Jennifer Garner	F	29:24	29:07	202	FV35	Leighton Fun Runners
158	Fiona Bifield	F	29:38	29:09	108	FV45	Bedford Harriers A C
159	Colin Clennett	M	29:38	29:27	311	MV60	Amphill & Flitwick Flyers
160	Valerie Dawson	F	29:47	29:24	307	FV55	Amphill & Flitwick Flyers
161	Tony Welsh	M	29:53	29:26	54	MV40	Redway Runners
162	Beth Cole	F	29:55	29:32	11	FV35	
163	Shelah Surgey	F	30:01	29:29	62	FV60	Dunstable Lions Running Club (Beds)
164	Kerry-Lee Smith	F	30:04	29:30	83	FV50	Bedford Harriers A C
165	Jeanette Cheetham	F	30:12	29:47	425	FV55	Bedford Harriers A C
166	Jackie Irvine	F	30:31	30:13	155	FV50	Bedford Harriers A C
167	Joanne Simmons	F	30:40	30:19	127	FV45	
168	Kevin Henderson	M	31:01	30:43	120	MV50	Bedford Harriers A C
169	David McDaid	M	31:05	30:30	78	MV50	UKNetRunners
170	Juliet Grimwood	F	31:11	30:50	346	FV55	Biggleswade A C
171	Samantha Pitts	F	31:12	30:51	252	FV35	
172	Mike Garner	M	31:18	31:02	201	MV40	Leighton Fun Runners
173	Carole Darnell	F	31:27	31:07	360	FV60	Bedford Harriers A C
174	Rebecca Rowley	F	31:32	31:08	276	FSenior	Team Balancise RC
175	Mark Jones	M	31:35	31:15	223	MV55	
176	Richard Joy	M	31:39	31:16	350	MV40	Bedford Harriers A C
177	Nic Opoka	F	31:48	31:35	51	FV60	
178	Luciano Silvestri	M	31:52	31:21	391	MV55	
179	Leigh Betts	F	31:54	31:42	178	FV45	Stopsley Striders
180	Sasha Butler	F	31:59	31:31	117	FSenior	
181	Louise Bradley	F	32:24	32:01	386	FV55	
182	David Stanley	M	32:31	32:11	310	MV70	Amphill & Flitwick Flyers
183	Shani Giddings	F	32:32	32:15	234	FV60	Biggleswade A C
184	Patricia Dicks	F	32:38	32:14	124	FV65	Fetch Everyone
185	Ian Soaft	M	32:45	32:21	75	MV70	Bedford Harriers A C
186	Helen Whiting	F	32:49	32:15	182	FV35	Bedford Harriers A C
187	Maria McBeth	F	32:49	32:15	67	FV60	Bedford Harriers A C
188	Rebecca Fleckney	F	33:01	32:41	303	FV40	Amphill & Flitwick Flyers
189	Kate Neale	F	33:39	33:07	116	FV60	Stopsley Striders
190	Maria Woods	F	34:08	33:38	69	FV40	Bedford Harriers A C
191	Vanessa Lipski	F	34:26	34:04	114	FV55	Bedford Harriers A C
192	Andrea McGrellis	F	34:49	34:27	126	FV55	Bedford Harriers A C
193	Peter Lawley	M	35:07	34:38	287	MV60	Bedford Harriers A C
194	Nicola Alston	F	35:56	35:32	82	FV55	Bedford Harriers A C
195	Caroline Diggle	F	36:42	36:07	247	FV50	Banbury Harriers A C
196	Lisa Evans	F	37:13	36:37	369	FV50	Bedford Harriers A C
197	Patrizia Mallen	F	37:24	36:54	63	FV50	Bedford Harriers A C
198	Karen Basso	F	37:24	36:52	137	FV50	Bedford Harriers A C
199	John Reade	M	39:58	39:28	29	MV75	Dunstable R R
200	Geoffrey White	M	40:24	40:08	16	MV75	