

**BEDFORDSHIRE CROSS COUNTRY CHAMPIONSHIPS**  
**The Manor House (Shuttleworth), Old Warden Park, Bedfordshire**  
**6th January 2018**

**Under 13 Girls (3k)**

<b>Posn</b>	<b>Time</b>	<b>No.</b>	<b>Name</b>	<b>Club</b>
1	12:47	639	SIMMONS, Natalie	Bedford & County AC
2	14:05	643	BAKER, Amelia	Bedford & County AC
3	14:11	636	FOSTER, Rosie	Bedford & County AC
4	15:05	637	JAKES, Isobel	Bedford & County AC
5	15:22	641	CHESTERTON, Imogen	Leighton Buzzard AC
6	15:37	640	BELL, Julia	Leighton Buzzard AC
7	16:49	642	STENNER, Jessica	Leighton Buzzard AC

**Under 13 Girl's Teams**

**1 Bedford & County AC**

**Place Time**

1 12:47

2 14:05

3 14:11

**6 41:03**

**Name**

SIMMONS, Natalie

BAKER, Amelia

FOSTER, Rosie

**Totals**

**2 Leighton Buzzard AC**

**Place Time**

5 15:22

6 15:37

7 16:49

**18 47:48**

**Name**

CHESTERTON, Imogen

BELL, Julia

STENNER, Jessica

**Totals**

### Under 15 Girls (4k)

Posn	Time	No.	Name	Club
1	17:02	660	PERUSKO, Sofia	Bedford & County AC
2	17:43	659	NICHOLS, Josie	Bedford & County AC
3	18:10	668	KILLICK, Amy	Leighton Buzzard AC
4	18:19	661	HUXFORD, Niamh	Bedford & County AC
5	19:43	662	ALLEN, Caitlin	Biggleswade AC
6	20:02	663	BROOKS, Zara	Leighton Buzzard AC
7	20:02	665	CARTER, Niquole	Leighton Buzzard AC
8	20:06	666	DOWN, Alicia	Leighton Buzzard AC
9	20:26	669	PALMER, Yasmin	Sharftesbury Barnet Harriers
10	22:31	664	BUTLIN, Amelia	Leighton Buzzard AC

### Under 15 Girl's Teams

#### **1 Bedford & County AC**

**Place Time**

1 17:02

2 17:43

4 18:19

**7 53:04**

**Name**

PERUSKO, Sofia

NICHOLS, Josie

HUXFORD, Niamh

**Totals**

#### **2 Leighton Buzzard AC**

**Place Time**

3 18:10

6 20:02

7 20:02

**16 58:14**

**Name**

KILLICK, Amy

BROOKS, Zara

CARTER, Niquole

**Totals**

### Under 17 and Under 20 Women (6k)

Posn	Time	No.	Name	Club	Category
1	25:23	526	WILSON, Tia	Bedford & County AC	F17
2	25:27	537	JAY, Libby	Luton AC	F17
3	25:30	903	SMITH, Josie	Bedford & County AC	F20
4	25:46	904	VINNICOMBE, Anna	Bedford & County AC	F20
5	26:09	520	SHEPHERD, Lucy-Mae	Bedford & County AC	F17
6	27:01	902	NICHOLS, Lauren	Bedford & County AC	F20
7	28:42	519	SHELTON, Hannah	Bedford & County AC	F17
8	29:00	538	MADDOCK, Sophie	Sharftesbury Barnet Harriers	F17
9	NTT	536	CARTER, Dana	Leighton Buzzard AC	F17

### Combined Under 17 and Under 20 Women's Teams

#### **1 Bedford & County AC**

Place	Time	Name	Category
1	25:23	WILSON, Tia	F17
3	25:30	SMITH, Josie	F20
4	25:46	VINNICOMBE, Anna	F20
<b>8</b>	<b>1:16:39</b>	<b>Totals</b>	

#### **2 Bedford & County AC**

Place	Time	Name	Category
5	26:09	SHEPHERD, Lucy-Mae	F17
6	27:01	NICHOLS, Lauren	F20
7	28:42	SHELTON, Hannah	F17
<b>18</b>	<b>1:21:52</b>	<b>Totals</b>	

## **Senior and Veteran Women (8k)**

<b>Posn</b>	<b>Time</b>	<b>No.</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>
1	42:58	858	LATHWELL, Christine	Stopsley Striders	F40
2	43:44	832	LIVERA, Elaine	Biggleswade AC	FS
3	45:03	834	KERR, Sarah	Bedford & County AC	FS
4	45:33	859	EVEREST, Isobel	Biggleswade AC	F45
5	46:01	840	BROOM, Hannah	Biggleswade AC	F35
6	48:13	851	MORGAN, Natalie	Biggleswade AC	F40
7	48:46	865	CARTWRIGHT, Sally	Bedford Harriers	F50
8	48:53	836	FARNFIELD, Amy	Leighton Buzzard AC	FS
9	49:39	842	INCHLEY, Amy	Leighton Buzzard AC	F35
10	51:20	833	RIDLEY, Hannah	Biggleswade AC	FS
11	51:53	835	PREJAC, Emily	Dunstable Road Runners	FS
12	52:01	866	LAMONT, Janice	Leighton Fun Runners	F50
13	52:07	838	BEARE, Deborah	Amphill & Flitwick Flyers AC	F35
14	52:25	843	WILLIAMS, Maria	Leighton Buzzard AC	F35
15	52:30	863	WELLS, Lisa	Amphill & Flitwick Flyers AC	F50
16	53:02	831	KING, Hattie	Amphill & Flitwick Flyers AC	FS
17	53:30	860	WARREN, Teresa	Dunstable Road Runners	F45
18	54:00	864	KERR, Ruth	Bedford & County AC	F50
19	54:44	841	PHEE, Lisa	Dunstable Road Runners	F35
20	55:56	837	VAFADARI, Freya	St Albans AC	FS
21	56:16	869	SINGLETON-LAWLEY, Veronica	Bedford Harriers	F55
22	56:24	862	TOWELL, Fiona	Leighton Buzzard AC	F45
23	56:48	870	GOLDING, Anne	Dunstable Road Runners	F55
24	59:24	857	KENNEDY, Dawn	Leighton Fun Runners	F40
25	1:00:45	830	HALPIN, Charlene	Amphill & Flitwick Flyers AC	FS
26	1:01:06	861	BELL, Alison	Leighton Buzzard AC	F45
27	1:03:36	855	RUSSELL, Lynn	Dunstable Road Runners	F40
28	1:05:20	854	POUNTNEY, Tara	Dunstable Road Runners	F40
29	1:05:20	852	EWINS, Zoe	Dunstable Road Runners	F40
30	1:08:16	839	FLECKNEY, Rebecca	Amphill & Flitwick Flyers AC	F35
31	1:17:44	872	GODFREY, Patricia	Amphill & Flitwick Flyers AC	F65

## Senior/Veteran Women's Teams

<b>1</b>	<b>Biggleswade AC</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>			
2	43:44		LIVERA, Elaine	FS
4	45:33		EVEREST, Isobel	F45
5	46:01		BROOM, Hannah	F35
<b>11</b>	<b>2:15:18</b>		<b>Totals</b>	

<b>2</b>	<b>Leighton Buzzard AC</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>			
8	48:53		FARNFIELD, Amy	FS
9	49:39		INCHLEY, Amy	F35
14	52:25		WILLIAMS, Maria	F35
<b>31</b>	<b>2:30:57</b>		<b>Totals</b>	

<b>3</b>	<b>Ampthill &amp; Flitwick Flyers AC</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>			
13	52:07		BEARE, Deborah	F35
15	52:30		WELLS, Lisa	F50
16	53:02		KING, Hattie	FS
<b>44</b>	<b>2:37:39</b>		<b>Totals</b>	

<b>4</b>	<b>Dunstable Road Runners</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>			
11	51:53		PREJAC, Emily	FS
17	53:30		WARREN, Teresa	F45
19	54:44		PHEE, Lisa	F35
<b>47</b>	<b>2:40:07</b>		<b>Totals</b>	

<b>5</b>	<b>Dunstable Road Runners</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>			
23	56:48		GOLDING, Anne	F55
27	1:03:36		RUSSELL, Lynn	F40
28	1:05:20		POUNTNEY, Tara	F40
<b>78</b>	<b>3:05:44</b>		<b>Totals</b>	

## Veteran Women's Teams

### **1 Biggleswade AC**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
2	45:33	EVEREST, Isobel	F45
3	46:01	BROOM, Hannah	F35
4	48:13	MORGAN, Natalie	F40
<b>9</b>	<b>2:19:47</b>	<b>Totals</b>	

### **2 Leighton Buzzard AC**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
6	49:39	INCHLEY, Amy	F35
9	52:25	WILLIAMS, Maria	F35
15	56:24	TOWELL, Fiona	F45
<b>30</b>	<b>2:38:28</b>	<b>Totals</b>	

### **3 Ampthill & Flitwick Flyers AC**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
8	52:07	BEARE, Deborah	F35
10	52:30	WELLS, Lisa	F50
22	1:08:16	FLECKNEY, Rebecca	F35
<b>40</b>	<b>2:52:53</b>	<b>Totals</b>	

### **4 Dunstable Road Runners**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
11	53:30	WARREN, Teresa	F45
13	54:44	PHEE, Lisa	F35
16	56:48	GOLDING, Anne	F55
<b>40</b>	<b>2:45:02</b>	<b>Totals</b>	

### **5 Dunstable Road Runners**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
19	1:03:36	RUSSELL, Lynn	F40
20	1:05:20	POUNTNEY, Tara	F40
21	1:05:20	EWINS, Zoe	F40
<b>60</b>	<b>3:14:16</b>	<b>Totals</b>	

### Under 13 Boys (3k)

Posn	Time	No.	Name	Club
1	11:34	653	SAEZ, Zena	Bedford & County AC
2	12:35	646	CAMPION, Noah	Bedford & County AC
3	12:51	650	DEARDON, Thomas	Bedford & County AC
4	13:24	654	SIAD, Atmaan	Bedford & County AC
5	13:51	647	DAGG, Edward	Bedford & County AC
6	13:53	645	CAIRNS, Ethan	Bedford & County AC
7	13:54	656	BUTLIN, Oscar	Leighton Buzzard AC
8	14:23	648	DAGG, James	Bedford & County AC
9	14:39	658	MEAD, Sid	Leighton Buzzard AC
10	14:41	649	DEARDON, Sam	Bedford & County AC
11	15:13	652	MINGAY, Ryan	Bedford & County AC

### Under 13 Boy's Teams

#### **1 Bedford & County AC**

Place	Time
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1	11:34
2	12:35
3	12:51
<b>6</b>	<b>37:00</b>

Name
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SAEZ, Zena
CAMPION, Noah
DEARDON, Thomas

<b>Totals</b>
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#### **2 Bedford & County AC**

Place	Time
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4	13:24
5	13:51
6	13:53
<b>15</b>	<b>41:08</b>

Name
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SIAD, Atmaan
DAGG, Edward
CAIRNS, Ethan

<b>Totals</b>
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#### **3 Bedford & County AC**

Place	Time
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8	14:23
10	14:41
11	15:13
<b>29</b>	<b>44:17</b>

Name
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DAGG, James
DEARDON, Sam
MINGAY, Ryan

<b>Totals</b>
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### Under 15 Boys (4k)

Posn	Time	No.	Name	Club
1	15:10	682	ALSTON, Alex	Bedford & County AC
2	15:27	687	LAWSON, Joe	Bedford & County AC
3	15:33	683	COOK, Tristan	Bedford & County AC
4	15:52	690	WEST, Harry	Bedford & County AC
5	15:54	882	TASSADAQ, Ahmed	Bedford & County AC
6	16:05	689	VINNICOMBE, James	Bedford & County AC
7	17:27	684	CREASEY, Harvey	Bedford & County AC
8	18:00	692	SWINBURNE, Elliott	Biggleswade AC
9	18:11	685	DAWES, Sam	Bedford & County AC
10	18:37	694	BELL, Harry	Leighton Buzzard AC
11	19:01	695	ROSE, Max	Leighton Buzzard AC
12	20:10	688	PRICE, James	Bedford & County AC

### Under 15 Boy's Teams

#### **1 Bedford & County AC**

##### **Place Time**

1 15:10

2 15:27

3 15:33

**6 46:10**

##### **Name**

ALSTON, Alex

LAWSON, Joe

COOK, Tristan

##### **Totals**

#### **2 Bedford & County AC**

##### **Place Time**

4 15:52

5 15:54

6 16:05

**15 47:51**

##### **Name**

WEST, Harry

TASSADAQ, Ahmed

VINNICOMBE, James

##### **Totals**

#### **3 Bedford & County AC**

##### **Place Time**

7 17:27

9 18:11

12 20:10

**28 55:48**

##### **Name**

CREASEY, Harvey

DAWES, Sam

PRICE, James

##### **Totals**



### Under 17 Men (6k)

Posn	Time	No.	Name	Club
1	21:46	879	KILLEEN, Aiden	Bedford & County AC
2	22:19	875	GILLIES, Cameron	Bedford & County AC
3	22:28	884	NOBLETT, Jed	Luton AC
4	22:58	880	LAURSEN, Richard	Bedford & County AC
5	23:36	874	BRODIE, Harry	Bedford & County AC
6	23:50	887	GILHESPY, Max	Sharnbrook School
7	24:06	876	GOODYEAR, Jack	Bedford & County AC
8	24:22	885	HORNER, Daniel	Leighton Buzzard AC
9	25:05	873	BLYTHMAN, Ed	Bedford & County AC
10	28:56	886	WORRALL, Andrew	Bedford & County AC

### Under 17 Men's Teams

<b>1</b>	<b>Bedford &amp; County AC</b>		
<b>Place</b>	<b>Time</b>	<b>Name</b>	
1	21:46	KILLEEN, Aiden	
2	22:19	GILLIES, Cameron	
4	22:58	LAURSEN, Richard	
<b>7</b>	<b>1:07:03</b>	<b>Totals</b>	
<b>2</b>	<b>Bedford &amp; County AC</b>		
<b>Place</b>	<b>Time</b>	<b>Name</b>	
5	23:36	BRODIE, Harry	
7	24:06	GOODYEAR, Jack	
9	25:05	BLYTHMAN, Ed	
<b>21</b>	<b>1:12:47</b>	<b>Totals</b>	

### Under 20 Men (8k)

Posn	Time	No.	Name	Club
1	38:16	737	MULLINS, Will	Bedford & County AC
2	38:53	740	VINEY, Jamie	Bedford & County AC
3	40:06	738	THOMAS, Scott	Bedford & County AC
4	44:35	739	WARD, Ryan	Bedford & County AC

### Under 20 Men's Teams

<b>1</b>	<b>Bedford &amp; County AC</b>		
<b>Place</b>	<b>Time</b>	<b>Name</b>	
1	38:16	MULLINS, Will	
2	38:53	VINEY, Jamie	
3	40:06	THOMAS, Scott	
<b>6</b>	<b>1:57:15</b>	<b>Totals</b>	

## Senior and Veteran Men (11k)

Posn	Time	No.	Name	Club	Category
1	45:33	755	DEED, Darren	Bedford & County AC	MS
2	48:24	749	PALMER, Craig	Amphill & Flitwick Flyers AC	MS
3	48:37	772	MCDONNELL, John	Luton AC	MS
4	49:05	757	HENDERSON, Richard	Bedford & County AC	MS
5	49:49	792	COOMBES, Simon	Leighton Buzzard AC	M45
6	50:32	768	MACKRELL, Peter	Leighton Buzzard AC	MS
7	50:51	776	FARMER, Paul	Amphill & Flitwick Flyers AC	M40
8	50:57	756	EMMERSON, Craig	Bedford & County AC	MS
9	51:09	762	HALL, Jamie	Biggleswade AC	MS
10	51:12	773	BARNES, Robert	Stopsley Striders	MS
11	51:49	778	QUINT, Jon	City of Norwich AC	M40
12	52:40	747	HALPIN, Ian	Amphill & Flitwick Flyers AC	MS
13	53:27	769	MEAD, Billy	Leighton Buzzard AC	MS
14	54:17	758	HEADLEY, Andrew	Bedford & County AC	MS
15	54:31	765	CORFIELD, Ben	Leighton Buzzard AC	MS
16	55:05	759	HEADLEY, Stephen	Bedford & County AC	MS
17	56:30	790	BELL, James	Leighton Buzzard AC	M45
18	57:01	766	CUSACK, James	Leighton Buzzard AC	MS
19	57:22	770	MEAD, Charlie	Leighton Buzzard AC	MS
20	57:51	813	BEARE, Martin	Amphill & Flitwick Flyers AC	M55
21	58:16	797	FALLON, Gez	Stopsley Striders	M45
22	59:16	784	FINCH, Gary	Bedford Harriers	M45
23	59:17	794	ROSE, Warren	Leighton Buzzard AC	M45
24	59:26	785	SEAGO, Bryan	Bedford Harriers	M45
25	1:00:15	779	PEDDAR, Mark	Dunstable Road Runners	M40
26	1:00:39	791	BROOKS, Matthew	Leighton Buzzard AC	M45
27	1:00:45	805	BARNES, Tony	Bedford Harriers	M50
28	1:01:01	782	GREEN, Daniel	Leighton Fun Runners	M40
29	1:01:09	815	SHELTON-SMITH, Kevin	Bedford Harriers	M55
30	1:01:53	788	WILSON, Darren	Dunstable Road Runners	M45
31	1:02:16	771	ELLERTON, Thomas	Leighton Fun Runners	MS
32	1:02:41	774	COOKE, Paul	Biggleswade AC	M40
33	1:03:19	810	HEALE, Andrew	Leighton Fun Runners	M50
34	1:03:31	809	CURTIS, Robert	Dunstable Road Runners	M50
35	1:04:14	798	FALLON, Martin	Stopsley Striders	M45
36	1:05:07	746	GODFREY, Jeremy	Amphill & Flitwick Flyers AC	MS
37	1:05:15	799	SMITH, James	Leighton Fun Runners	M45
38	1:05:26	818	WESTROPE, Sean	Leighton Buzzard AC	M55
39	1:05:45	819	ELLERTON, Steve	Leighton Fun Runners	M55
40	1:07:14	780	KILLICK, David	Leighton Buzzard AC	M40
41	1:07:30	789	DAVIES, Paul	Biggleswade AC	M45
42	1:07:55	775	COLE, Richard	Amphill & Flitwick Flyers AC	M40
43	1:09:11	777	BREWER, Mike	Bedford Harriers	M40
44	1:10:26	795	HARE, Kevin	Leighton Fun Runners	M45
45	1:11:37	816	SHORT, Graham	Bedford Harriers	M55
46	1:11:50	763	MOORE, Richard	Dunstable Road Runners	MS
47	1:12:11	803	BELL, Jeremy	Amphill & Flitwick Flyers AC	M50
48	1:12:26	811	THOMAS, Richard	Leighton Fun Runners	M50

Posn	Time	No.	Name	Club	Category
49	1:13:16	793	DIMMOCK, Chris	Leighton Buzzard AC	M45
50	1:17:43	787	SHOTBOLT, Adrian	Dunstable Road Runners	M45
51	1:20:59	820	MOORE, Stephen	Leighton Fun Runners	M55
52	1:25:57	812	BROOKS, Paul	Luton AC	M50
53	1:34:53	783	KENYON, John	Amphill & Flitwick Flyers AC	M45
54	1:39:54	814	O'MAHONEY, Brendan	Amphill & Flitwick Flyers AC	M55

### Senior/Veteran Men's Teams

#### **1 Leighton Buzzard AC**

Place	Time	Name	Category
5	49:49	COOMBES, Simon	M45
6	50:32	MACKRELL, Peter	MS
13	53:27	MEAD, Billy	MS
15	54:31	CORFIELD, Ben	MS
17	56:30	BELL, James	M45
18	57:01	CUSACK, James	MS
<b>74</b>	<b>5:21:50</b>	<b>Totals</b>	

#### **2 Amphill & Flitwick Flyers AC**

Place	Time	Name	Category
2	48:24	PALMER, Craig	MS
7	50:51	FARMER, Paul	M40
12	52:40	HALPIN, Ian	MS
20	57:51	BEARE, Martin	M55
36	1:05:07	GODFREY, Jeremy	MS
42	1:07:55	COLE, Richard	M40
<b>119</b>	<b>5:42:48</b>	<b>Totals</b>	

#### **3 Bedford Harriers**

Place	Time	Name	Category
22	59:16	FINCH, Gary	M45
24	59:26	SEAGO, Bryan	M45
27	1:00:45	BARNES, Tony	M50
29	1:01:09	SHELTON-SMITH, Kevin	M55
43	1:09:11	BREWER, Mike	M40
45	1:11:37	SHORT, Graham	M55
<b>190</b>	<b>6:21:24</b>	<b>Totals</b>	

#### **4 Leighton Buzzard AC**

Place	Time	Name	Category
19	57:22	MEAD, Charlie	MS
23	59:17	ROSE, Warren	M45
26	1:00:39	BROOKS, Matthew	M45
38	1:05:26	WESTROPE, Sean	M55
40	1:07:14	KILLICK, David	M40
49	1:13:16	DIMMOCK, Chris	M45
<b>195</b>	<b>6:23:14</b>	<b>Totals</b>	

<b>5 Leighton Fun Runners</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>		
28	1:01:01	GREEN, Daniel	M40
31	1:02:16	ELLERTON, Thomas	M5
33	1:03:19	HEALE, Andrew	M50
37	1:05:15	SMITH, James	M45
39	1:05:45	ELLERTON, Steve	M55
44	1:10:26	HARE, Kevin	M45
<b>212</b>	<b>6:28:02</b>	<b>Totals</b>	

### Veteran Men's Teams

<b>1 Leighton Buzzard AC</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>		
1	49:49	COOMBES, Simon	M45
4	56:30	BELL, James	M45
8	59:17	ROSE, Warren	M45
11	1:00:39	BROOKS, Matthew	M45
21	1:05:26	WESTROPE, Sean	M55
23	1:07:14	KILLICK, David	M40
<b>68</b>	<b>5:58:55</b>	<b>Totals</b>	

<b>2 Bedford Harriers</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>		
7	59:16	FINCH, Gary	M45
9	59:26	SEAGO, Bryan	M45
12	1:00:45	BARNES, Tony	M50
14	1:01:09	SHELTON-SMITH, Kevin	M55
26	1:09:11	BREWER, Mike	M40
28	1:11:37	SHORT, Graham	M55
<b>96</b>	<b>6:21:24</b>	<b>Totals</b>	

<b>3 Leighton Fun Runners</b>		<b>Name</b>	<b>Category</b>
<b>Place</b>	<b>Time</b>		
13	1:01:01	GREEN, Daniel	M40
17	1:03:19	HEALE, Andrew	M50
20	1:05:15	SMITH, James	M45
22	1:05:45	ELLERTON, Steve	M55
27	1:10:26	HARE, Kevin	M45
30	1:12:26	THOMAS, Richard	M50
<b>129</b>	<b>6:38:12</b>	<b>Totals</b>	

**4      Ampthill & Flitwick Flyers AC**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Category</b>
2	50:51	FARMER, Paul	M40
5	57:51	BEARE, Martin	M55
25	1:07:55	COLE, Richard	M40
29	1:12:11	BELL, Jeremy	M50
35	1:34:53	KENYON, John	M45
36	1:39:54	O'MAHONEY, Brendan	M55
<b>132</b>	<b>7:23:35</b>	<b>Totals</b>	

**Over 60 Men (8k)**

<b>Posn</b>	<b>Time</b>	<b>No.</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>
1	47:52	821	ARNOLD, Charles	Biggleswade AC	M60
2	55:42	824	MALATYNSKI, David	Leighton Fun Runners	M60
3	56:21	822	CLARKE, Christopher	Biggleswade AC	M60
4	56:30	823	EGGLETON, Paul	Dunstable Road Runners	M60
5	1:02:35	825	SAGE, Ian	Dunstable Road Runners	M65